

Jessica embarked on a career in beauty therapy studying at Jewel and Esk Valley College and then progressing to Mary Reid International School of Beauty. Upon completion of her training Jessica was employed by the UK's number one skin care company in one of their top three earning salons. During a period of four years here she gained an immeasurable amount of experience in all aspects of professional beauty and health treatments.

The professional acumen and skills gained in these various roles has been fused with a new exciting approach to form **Solas Spa Therapies** where you can be assured of a unique and individual spa experience.

Jessica Ashworth

SOLAS SPA THERAPIES
SPA TREATMENT MASSAGE BEAUTY THERAPY
THE EDINBURGH MARRIOTT HOTEL
111 GLASGOW ROAD EDINBURGH EH12 8NF

t : 07713 487 737 (for all appointments)
e : info@solasterapies.com
w : www.solasterapies.com

SOLAS 
SPA THERAPIES

PRICE LIST **2014**

Located within The Edinburgh Marriott Hotel
111 Glasgow Road Edinburgh EH12 8NF

Body Treatments

Personalised Aromatherapy Massage (1hr 10min) - £45

A luxurious full body massage using a personalised blend of essential oils to suit your emotional and physical needs. This treatment uses a light to medium pressure to soothe and re-balance the body.

Deep Tissue Muscle Ease Massage (1hr 20min) - £50

A full body massage personalised to focus on your specific areas of tension. Using our muscle ease massage oil and a medium to firm pressure, this treatment will breakdown knots and release tight muscles leaving you energised.

Back, Neck and Shoulder Soother (30 min) - £25

A soothing back massage designed to ease out tension in all the problematic areas. Choose between an energising or stress relief oil to suit your mood.

Indian Head Massage (1hr) - £35

A truly indulgent treatment. Incorporating a neck and shoulder massage and luxurious scalp massage this treatment will allow you to truly unwind and melt away.

Reflexology (1hr 30min) - £45

A naturally healing treatment based on the principle that there are reflexes in the feet which correspond to every part, gland and organ of the body. Through application of pressure on these reflexes reflexology relieves tension, improves circulation and promotes well-being throughout the body.

Facial Treatments

Dermalogica Facial Treatment (1hr) - £36

A custom made facial to suit all your skincare concerns. This treatment will cleanse and buff away impurities, leaving your skin fresh and radiant.

Dermalogica Age Smart Facial Treatment (1hr 15 mins) - £42

Ideal for mature or prematurely aging skin. This deeply replenishing facial resurfaces and stimulates collagen production. It will maintain the firmness of the skin and slow down the signs of aging.

Dermalogica Active Resurface 35 (45mins) - £42

An advanced resurfacing treatment that applies a cocktail of advanced cosmeceutical ingredients and provides intense resurfacing to stimulate cell renewal and cell turnover whilst helping to treat some of the most prevalent skin concerns (pigmentation, dehydration, dehydration and congestion). A unique benefit of the Active Resurface 35 treatment is the lack of inflammation, tissue damage and peeling generally associated with intense resurfacing treatments. As a result, an interval of only one week is all that is necessary between appointments when partaking in a six-course treatment plan.

Dermalogica Express Facial (40 mins) - £25

The perfect treatment to maintain your skin on the go. A short but powerful treatment to re-energise your skin.

Eye Treatments

Eyebrow shape - £8

Eye lash tint - £10

Eye brow tint - £7

Eye lash/ eye brow tint - £15

Waxing

Full leg - £25

1/2 leg - £15

Underarm - £9

Lip or chin - £5

Lip and chin - £9

Treatment Packages

Express maintenance (1hr) - £45

Designed for ladies on the go. Beginning with a Dermalogica facial to rejuvenate tired skin, followed by a stress busting back massage, this package will have you fighting fit within the hour!

Indulgent Relaxation (2hr) - £65

Need a pick me up? An indulgently relaxing treatment incorporating a luxurious full body aromatherapy massage and prescription Dermalogica facial. This package promotes top-to-toe well-being, rejuvenating the entire body.

Stress Relief (2hr) - £65

Long day at the office? This stress busting treatment is designed to release tense and knotted muscles from the tips of your toes and the top of your head. Beginning with a personalised deep tissue body massage, followed by a heavenly half hour neck and scalp massage, this package will melt away all of your aches and pains.

Nail Treatments

Shellac manicure or pedicure - £20

O.P.I. File and Polish - £14

A quick fix for ladies on the go. File, cuticles pushed back, base, colour and top coat.

Full O.P.I. Manicure/Pedicure - £20

A luxurious treat for the hands or feet. Beginning with a soothing hand/foot soak and exfoliation, file, full cuticle work, relaxing massage, nail treatment, base, colour and glossy top coat.

- A £10 booking fee will be taken and is redeemable against the cost of your treatment.
- 24 hours notice must be given for any cancellation of appointment or booking fee will be lost.
- Large party bookings must be paid in full and advance.
- Buy 5 treatments in full and receive 6.
- Gift vouchers are available for all treatments